

# Beauty news

Our resident beauty expert on her favourite new products and treatments



**E**ver fancied having your lips plumped up a bit but scared of ending up with the dreaded trout pout? Well we've found the solution, and not only is it right on your doorstep, it won't break the bank, either.

Allison Jeffery in Brighton is one of a select handful of practitioners in the UK that are trained and qualified to perform what's known as the 'Heart Lip' procedure.

Developed by Dr Bob Khanna, the Heart Lip is the creation of beautiful heart-shaped lips by using precision-placed fillers so that the lips are shaped naturally. Jeffery's reputation is second to none, in fact she's known as The Queen of Lips!

Using Juvederm, which is

**We**  
  
**lips**



apparently the Rolls-Royce of fillers, she's got an amazing knack of putting it in all the right places, and massaging it so that the shape is evenly distributed. We tested it out and can confirm that yes, this really does work and no, there is no rubber dinghy look.

Following a liberal application of anaesthetic cream, the injections are a bit uncomfortable, but pretty bearable, and any bruising goes down fairly quickly. The end effect is subtle – nobody would look at you and go 'woah', but the general appearance is more youthful, giving the face an overall lift. As we age, we lose all the plumpness – this treatment just kinda puts it back in. From £398, [www.allisonjeffery.com](http://www.allisonjeffery.com)